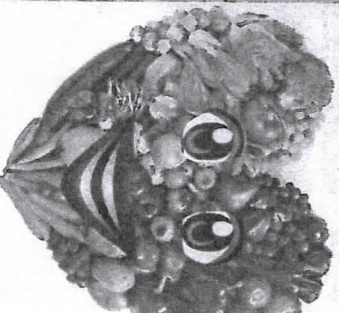


Trafford School Lunch

FRESH SALAD
and Baked Jacket
Potatoes Are
AVAILABLE DAILY

Jugs of
water,
Yoghurts &
freshly
prepared
fruit Daily



WEEK 1

WEEK 2

WEEK 3

WEEK 4

MONDAY

Quorn Sausage Sauté Potatoes
Vegetable Risotto Baked Beans
Artic Roll

Maccaroni Cheese Garlic Bread
Vegetarian Meatballs
Smoothies

Sweet & Sour Braised Rice
Noodles
Vegetable Chilli Garden Peas
Con Carne
Vanilla Muffins

Pizza Whirls Jacket wedges
Vegetarian Coun- Baked Beans
try Bake
Vanilla Ice Cream
& fruits of the
forest

TUESDAY

Chicken Wrap Homemade Crusty Bread
Tomato Pasta Country Mixed Vegetables
Blueberry Muffins

Turkey Burgers in Potatoes Wedges or Bun
Cod Coujouns
Lemon Drizzle Cake

Homemade Creamed Potatoes
Sausage Roll Baked Beans
Vegetarian Sausage Roll
Fruit Jelly

Pasta bake Garlic Bread
Vegetarian Pasta Garden Peas
Bake
Chocolate Sponge
With White Sauce

WEDNESDAY

Roast Chicken Roast Potatoes
Dinner
Quorn Roast Broccoli & Cauliflower
Dinner
Chocolate Crunch

Roast Ham Dinner Roast Potatoes
Roast Quorn Baton Carrots
Dinner
Shortbread

Roast Chicken Roast Potatoes
Dinner
Quorn Roast Baton Carrots
Dinner
Flapjack

Roast Turkey Roast Potatoes
Dinner
Quorn Roast Broccoli & Carrots
Dinner
Fruit and Yoghurt

THURSDAY

Oven Baked Baked Jacket Ham & Potatoes
Pineapple Pizza
Oven Baked Mixed Salad
Cheese & tomato
Pizza
Tangy Orange Squares

Stuffed Chicken Braised Rice
Tortilla
Quorn & veg Broccoli
Tortilla
Apple, Berry and
pea Crumble

Spaghetti Bolognese
Vegetable Bolognese
Raspberry Buns

Meat and potato Braised Rice
pie—New potato
Vegetarian Country Mixed
Tortilla Vegetables
Oatmeal Cookies

FRIDAY

Fish Finger Wrap Jacket Wedges & Salad
Vegetable Ravioli Diced carrots
Ginger Biscuits

Battered Fish Chipped Potatoes
Cheese Whirls Mushy Peas
Banana Bread

Fish Fingers Diced Potatoes
Cheese Flan Garden Peas
Orange Cookie

Fishy Mc Fish Chipped Potatoes
Broccoli & Leek Mushy Peas
Bake
Lead Baharewell tart